

ONLINE CERTIFICATE PROGRAM ON MENTAL HEALTH

An Initiative Under **MEET LGBRIMH** (Digital Academy)



PROGRAM OVERVIEW

BACKGROUND

Digital Academy of Lokopriya Gopinath Bordoloi Regional Institute of Mental Health [LGBRIMH], MEET (Mental health Education & E-Training) was launched as a platform for all healthcare professionals who are willing to provide basic care, upscale their knowledge and learn best practices in mental health. Virtually connected health providers can provide quality care for patients in rural and underserved parts of the country.

This online certificate program has been planned as part of professional development program for Medical Officers, Nursing personnel, Psychologists, Social workers, and other allied health workers. Individual healthcare personnel can join their respective courses and train themselves in mental health. The basic aim of the online certificate program is to ensure that healthcare providers gain knowledge about mental health and disorders and deliver care for people with mental health conditions. Currently, these courses are provided at no cost.

GAIN, SHARE & DIGITALIZE LEARNING

FEATURES

SELF PACED e - LEARNING

VIDEO LECTURES

AUDIO PODCASTS

LIVE SESSIONS

SELF ASSESSMENTS



CERTIFICATE COURSES



Common Mental Disorders for Doctors

ELIGIBILITY
Any Medical Officer / Doctor with a recognized MBBS Degree from India

Duration: 3 Months



Mental Illness in Primary Care for Nurses

ELIGIBILITY
Any Nursing Trainee / Registered Nurse / Midwife

Duration: 2 Months



Youth Mental Health & Peer Counseling for Psychologist

ELIGIBILITY
Any Psychology Trainee / Master's (MA / MSc) in Psychology

Duration: 3 Months



Basic Course on Mental Health for Social Work

ELIGIBILITY
Any Social Work Trainee / Master's (MA / MSc) in Social Work

Duration: 2 Months

ECHO PROGRAMS




Fundamentals of Geriatric Mental Health

ELIGIBILITY
MBBS / Post-Graduate Doctors with Recognized MCI/NMC Degree

Duration: 14 Weeks



Nursing Care for Older Adults

ELIGIBILITY
Registered ANM/GNM/ B.Sc. NURSING Graduates

Duration: 3 Months

For more details, click the icons under respective courses

TRAINING METHODS

E-CONTENTS: Enrolled course participants would be provided learning materials in PDF files, Powerpoint presentations, etc., in a digital format.

VIDEO LECTURE: Video lectures will be made available to the participants on select modules to understand the concept better. These can be easily downloaded and watched multiple times. Didactic lectures will also be provided through videoconferencing.

SELF-ASSESSMENT: During the course, each participant would be given assignments for self-assessment and monitor their participation in the course. This would also be used as one of the criteria for course completion.

DISCUSSION FORUMS: Through Videoconferencing, live case-based discussions would be held every fortnight to clarify doubts, question answers, and discussion on the e-content.

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<https://meetlgbrimh.in>



meet.lgbrimh@gmail.com

